

Kostopulos Dream Foundation:



Cook'n with Camp K



Join us for this fun, tasty and educational 6 week program that focuses on the instruction of basic cooking skills, cooking techniques, and of course eating. Each week we will learn how to cook fun, exciting dishes that we will then eat together. Each participant will receive a basic cooking book to help practice cooking at home.

Dates: February 3rd, 10th, 17th, 24th, March 3rd, and 10th (Wednesday)

In this program you will have the opportunity to:

- Learn how to use basic cooking utensils & instruments
- Learn how to read and follow several recipes
- Make and eat 6 different tasty meals
- Gain greater self-confidence through various cooking tasks
- Further your cooking skills with new techniques and skills



This 6 week program runs every Wednesday from February 3rd until March 10th.

-\$200 with Camp K Transportation

Pick-Ups 5:30-6:30pm

ROSS 1146 E. Ft. Union Blvd. (7200 S)

Red Lion 161 W. 600 S.

Old Smiths 3300 S 3175 E

Furniture Warehouse 5400 S Redwood Road (1700 W)

Drop-Offs 9:00-10:00pm

-\$140 with own Transportation

Drop-Off at Camp K at 7:00pm

Pick-Up at Camp K at 9:00pm

Cook'n with Camp K Registration Form 2010

Name: _____ Age: _____ Phone: _____

Address: _____

City: _____ ST: _____ Zip: _____

Parent/Guardian: _____

Circle pick-up location: ROSS Old Smiths Red Lion Furn. Ware.

Circle Payment: Check DSPD Caseworker: _____ Phone: _____

