

## February 2010

### Teen Quest – Activity Description Happy Valentine's Day!

Teens Quest, offered by the Kostopulos Dream Foundation, allows teens with special needs, ages 13-20, to expand their social circles, while learning how to use community resources. This program is designed to assist teens in developing self-efficacy, leisure skills, independence, and interpersonal relationships. Transportation is provided from 1 of the 4 pick-up locations and each participant will be dropped off at their home at the conclusion of the activity.

\*\*\*There have been some concerns as of late about who to call if it's after business hours and you need to contact someone about pick-up/drop-off times. To alleviate these concerns we have decided to release the van cell phone numbers. Please use these phone numbers **only after business hours on the days of a program**. Hopefully these will facilitate a more efficient pick-up/drop-off system. Thank you. \*\*\*

**Van 1 – 801-673-9409, Van 2 – 801-673-8163, Van 3 – 801-673-7286**

**1<sup>st</sup> of February (Monday) – Utah Jazz Basketball Game:** Grab your Jazz gear and get ready to cheer on the Utah Jazz as they take on the Dallas Mavericks in an exciting Basketball game at the Energy Solutions Arena. **Sign up early as tickets are limited.** Please note the later drop-off times. This is a combined teens/adults activity.

**Pick-Ups: 5:30- 6:30pm**

**Drop-Offs: 10:00- 11:30pm**

**Cost: \$45**

**5<sup>th</sup> of February (Friday) – Valentine Crafts & Formal Dinner & Dance Class:** For this activity we will be spending part of the time making several different Valentine craft projects. The rest of the time we will have a short lesson on formal dining and dancing in preparation for our formal Valentine Dinner next week. We encourage everyone that wants to come to the Valentine Dinner to attend this activity as well.

**Pick-Ups: 5:30-6:30pm**

**Drop-Offs: 9:00-10:30pm**

**Cost: \$25**

**6<sup>th</sup> of February (Saturday) – Snowmobile Trip:** This one is one of the biggest and best activities we do all year! Once again, the Snowflake club from Ogden is hosting our annual snowmobile ride. For this activity we will travel up to Monte Cristo Recreation area and all take turns getting snowmobile rides. The Snowflake Club is a group of fantastic, safe, snowmobilers and they put on a wonderful event; they even cook a great lunch for us! So sign up early, dress warm, and get ready for an awesome activity. This is a combined teens/adults activity.

**Pick-Ups: 8:30-9:30am**

**Drop-Offs: 2:30-4:00pm**

**Cost: \$35**

**12<sup>th</sup> of February (Friday) – Formal Valentines Dinner & Dance:** Put on your fanciest clothes and come up to Camp K for a fun evening of fine dining and entertainment. We will be having a formal 4 course meal followed by an evening of dancing. We highly encourage everyone that wants to attend this activity to also attend the week before for the dining and dance instruction. Remember to dress up.

**Pick-Ups: 5:30-6:30pm**

**Drop-Offs: 9:00-10:30pm**

**Cost: \$35**

**13<sup>th</sup> of February (Saturday) – SLCC Men's Basketball:** Come support the other college basketball team in Salt Lake City, the Bruins of Salt Lake Community College. Cheer on the defending NJCAA National Champions as the Bruins take on their rival Northern Idaho. **Tickets are limited.** This is a combined teens/adults activity.

**Pick-Ups: 3:30-4:30pm**

**Drop-Offs: 7:30-9:00pm**

**Cost: \$25**

**\*\*\*Make sure you look at the other side of the rest of February's exciting activities. \*\*\***

**19<sup>th</sup> & 20<sup>th</sup> of February (Fri/Sat) – Winter Olympics Mini-Camp:** Here at Camp K we've gotten really excited about the Winter Olympics. So come up to Camp K as we learn more about the Olympics and the various winter games. On Friday night we will have a wonderful dinner catered by Ruth's Diner. Following dinner we will learn about the different winter activities and make our own Winter Olympics crafts. On Saturday we will again have a great breakfast from Ruth's Diner and then head outside to learn how to play various different winter sports. Remember to bring your warm winter clothes. This is a combined teens/adults activity.

**Drop off: 6:00pm @ Camp K**

**Pick Up: 12:00pm @ Camp K**

**Cost: \$50**

**20<sup>th</sup> of February (Saturday) – Sled Hockey with the NAC:** Join Camp K and the Snow Adventures program as we go up to Park city and play sled hockey with the National Ability Center. Sled Hockey is an adaptive form of Hockey played in sleds and is a lot of fun. Remember to dress warm. Please notice the early pick-up times.

**Tickets are limited.** This is a combined teens/adults activity.

**Pick-Ups: 7:00-8:00am**

**Drop-Offs: 11:00-12:30pm**

**Cost: \$35**

**26<sup>th</sup> of February (Friday) – Salt Lake Art Center:** For this activity we will be going on a private tour of the Salt Lake Art Center and will get the chance to make our own special Chinese comic book scroll. It will be a fun educational outing.

**Pick-Ups: 5:30-6:30pm**

**Drop-Offs: 9:00-10:30pm**

**Cost: \$25**

**27<sup>th</sup> of February (Saturday) – Sled Dog Rides:** We will be joining up with the Snow Adventures program and Pawsatch Sled dogs for a once in a lifetime experience, SLED DOG RIDES! Dress warm and sign up early as **space is limited.** This is a combined teens/adults activity.

**Pick-Ups: 8:30-9:30am**

**Drop-Offs: 12:30-2:00pm**

**Cost: \$35**

**27<sup>th</sup> of February (Saturday) – Clark Planetarium and IMAX Theater:** Come join Camp K as we explore the Clark Planetarium and go to the IMAX theater to see the 3-D movie BUGS!. BUGS! will magnify the miniscule world of insects and explore the miracle of their success. From metamorphosis to mastery, predator to prey and community to concealment, extraordinary large-format 3D images will bring audiences face-to-face with this amazing universe of creatures. It will be an awesome activity so sign up early. This is a combined teens/adults activity.

**Pick-Ups: 1:30-2:30pm**

**Drop-Offs: 5:30-7:00pm**

**Cost: \$30**

# Have a Happy Valentine's Day!

## February 2010 - Teen Check-off Sheet

Name: \_\_\_\_\_ Home Phone: \_\_\_\_\_

Pickup Location: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Address: \_\_\_\_\_

Email: \_\_\_\_\_

Please enter your email address so we can email you the check-off sheets. Thanks.

1<sup>st</sup> of February (Monday) – Utah Jazz Basketball Game \$45.00 \_\_\_\_\_

5<sup>th</sup> of February (Friday) – Valentine Crafts & Formal Dinner & Dance Class \$25.00 \_\_\_\_\_

6<sup>th</sup> of February (Saturday) – Snowmobile Trip \$35.00 \_\_\_\_\_

12<sup>th</sup> of February (Friday) – Formal Valentine's Dinner & Dance \$35.00 \_\_\_\_\_

13<sup>th</sup> of February (Saturday) – SLCC Men's Basketball Game \$25.00 \_\_\_\_\_

19<sup>th</sup> & 20<sup>th</sup> of February (Fri/Sat) – Winter Olympics Mini-Camp \$50.00 \_\_\_\_\_

20<sup>th</sup> of February (Saturday) – Sled Hockey with the NAC \$35.00 \_\_\_\_\_

26<sup>th</sup> of February (Friday) – Salt Lake Art Center \$25.00 \_\_\_\_\_

27<sup>th</sup> of February (Saturday) – Sled Dog Rides \$35.00 \_\_\_\_\_

27<sup>th</sup> of February (Saturday) – Clark Planetarium and IMAX Theater \$30.00 \_\_\_\_\_

**Total = \_\_\_\_\_**

Please check your method of payment:      Check/Money Order \_\_\_\_\_      DSPD \_\_\_\_\_

Caseworker \_\_\_\_\_

Phone # \_\_\_\_\_

**\*All money received is non-refundable\***

**\*Cancellations not made 24 hours prior to the event are non-refundable and not transferable for credit.\***

**\*Sign-Up sheets must be received by Camp K staff in order to reserve your spot on an activity.\***

**Please send in your Check-off sheet ASAP.**

It helps us to know in advance who will be attending so we can provide enough staff. Thanks.

\*Pottery Barn is a national chain of home décor stores that donate slightly flawed items to non-profit organizations. Some of the donated items include lamps and shades, rugs, pictures frames, dishes, bedding and some furniture items. These donations are for our participants and we hope that you will take advantage of this opportunity. Please call our Operations Manager, Mike, at 801-582-0700 ext 105 to set up a time to stop by. Mike is available Tuesday through Friday 9-5pm.\*

**Mail To:**

**Kostopulos Dream Foundation, 2500 Emigration Canyon, Salt Lake City, UT 84108**

**(801) 582 – 0700    www.campk.org    Fax # (801) 583-5176**

**Pick-Up Locations**

<b><u>East</u></b>	<b><u>North</u></b>	<b><u>South</u></b>	<b><u>West</u></b>
Old Smiths (Across from the old REI p/u) 3300 South 3200 East	Red Lion Hotel North West Parking Lot 161 West 600 South	Ross Parking Lot North West Corner 1146 E Ft. Union Blvd. (7200 S)	Furniture Warehouse South East Corner 1758 W 5400 S