

March 2010

Adult Social Club – Activity Description Happy St. Patrick's Day!

The Adult Social Club, offered by the Kostopulos Dream Foundation, allows Adults with special needs, ages 18 and up, to expand their social circles, while learning how to use community resources. This program is designed to assist adults in developing self-efficacy, leisure skills, independence, and interpersonal relationships. Transportation is provided from 1 of the 4 pick-up locations and each participant will be dropped off at their home at the conclusion of the activity.

***There have been some concerns as of late about who to call if it's after business hours and you need to contact someone about pick-up/drop-off times. To alleviate these concerns we have decided to release the van cell phone numbers. Please use these phone numbers **only after business hours on the days of a program**. Hopefully these will facilitate a more efficient pick-up/drop-off system. Thank you. ***

Van 1 – 801-673-9409, Van 2 – 801-673-8163, Van 3 – 801-673-7652

2nd of March (Tuesday) – Mini Golf: Come and battle your way through windmills, dinosaurs, and water traps as we go out for a Camp K classic, MINI GOLF. Bring your "A" game and come get a hole in one. We will pay for a round of golf and a few rides at Hollywood Connection that night so the only money you need to bring is enough for any snacks you would like. And no worries, it's indoors!

Pick-Ups: 5:30- 6:30pm

Drop-Offs: 10:00- 11:30pm

Cost: \$30

6th of March (Saturday) – The Living Planet Aquarium: We will be heading to the living planet aquarium in Sandy to see everything from jellyfish to sharks, have the opportunity to touch sting rays, and catch a movie on the underworld. The South American Penguin Encounter exhibit is scheduled to open in March 2010, so hopefully, we will be able to catch this exhibit at its grand opening! This activity will be combined with the teen program.

Pick-Ups: 11:00am-12:30pm

Drop-Offs: 3:30-5:00pm

Cost: \$33

9th of March (Tuesday) – Camp K Birthday Party: Happy Birthday.... Everyone! And we're going to party like it's YOUR birthday! So for all you campers that we never get to really say happy birthday to you, this is the time. We will have cupcakes, some snacks (but please eat dinner before you come), music, games, and just a great time hanging out enjoying each other's company.

Pick-Ups: 5:30- 6:30pm

Drop-Offs: 10:00- 11:30pm

Cost: \$ 25

13th of March (Saturday) – Equestrian Lessons: Our new indoor equestrian arena is ready to use, and we are looking forward to showing it off! We will be providing group lessons at a discounted price which instructs in tacking, grooming, safety, posture, and basic riding techniques. Make sure you wear close toed shoes and long pants. Come experience one of the first rides in our new equestrian center! This activity will be combined with the teen program.

Pick-Ups: 8:00-9:30am

Drop-Offs: 12:30-2:00pm

Cost: \$30

13th of March (Saturday) – Salt Lake County Dance: Come hang out with all your friends as we go to the Copperview Recreation Center for a huge Dance Party with people from all over the valley. We will dance, eat, play games, and meet tons of new people. This activity is sponsored by the Salt Lake County and they state that all participants MUST be at least 18 years of age. This activity will be combined with the teen program.

Pick-Ups: 5:30-6:30pm

Drop-Offs: 9:30-11:00pm

Cost: \$30

16th of March (Tuesday) – St. Patrick's Day Party: Head on up to Camp K as we celebrate St. Patrick's Day in proper green and white spirit. We will be having snacks, making crafts to take home, singing Karaoke (bring your Irish singing voice), and dancing the night away. Don't forget to wear green!

Pick-Ups: 5:30- 6:30pm

Drop-Offs: 10:00- 11:30pm

Cost: \$27

(Be sure to turn over for more March activities!!!)

19th & 20th of March (Fri/Sat) – Horses Mini-Camp: Let's hope for some warmer, non-wintery weather, as we plan for an equestrian mini- camp! We will learn about horses, their care, safety, and do some horse related crafts and games as we prepare for a 2 hour riding lesson on Saturday morning. Be prepared to wear long pants and closed toed shoes for the riding lesson. Dinner and breakfast will be provided, so just bring your sleepover gear and a desire to further your riding skills. This activity will be combined with the teen program.

Drop off: 6:00pm @ Camp K

Pick Up: 12:00pm @ Camp K

Cost: \$55

23rd of March (Tuesday) – Sports Night: We will be going to a local gym to play basketball, volleyball, kickball, etc. If you don't know how to play, that's fine, we will be teaching some important skill and safety pointers before we play! Come in your gym clothes and bring a water bottle!

Pick-Ups: 5:30-6:30pm

Drop-Offs: 9:00-10:30pm

Cost: \$25

27th of March (Saturday) – Salt Lake County Dance: If you missed the dance earlier this month, it's ok! Come hang out with all your friends as we go to the Copperview Recreation Center for a huge Dance Party with people from all over the valley. We will dance, eat, play games, and meet tons of new people. This activity is sponsored by the Salt Lake County and they state that all participants MUST be at least 18 years of age. This activity will be combined with the teen program.

Pick-Ups: 5:30-6:30pm

Drop-Offs: 9:30-11:00pm

Cost: \$30

30th of March (Tuesday) – Bonfire and Chili Cook-Out: Based on the popularity of last year's event, we will be offering up our chili cook-out again! We will have a bonfire at the Camp K fire pit, and cook a few different kinds of chili to warm us up by the fire. Add that to singing some camp songs, roasting marshmallows, and telling campfire stories, and this proves to be a great time. (We will move this inside if the weather turns bad).

Pick-Ups: 5:30-6:30pm

Drop-Offs: 9:00-10:30pm

Cost: \$28

March 2010 - Adult Check-off Sheet

Name: _____ Home Phone: _____

Pickup Location: _____ Cell Phone: _____

Address: _____

Email: _____

Please enter your email address so we can email you the check-off sheets. Thanks.

2 nd of March (Tuesday) – <u>Mini Golf</u>	\$30.00 _____
6 th of March (Saturday) – <u>Aquarium</u>	\$33.00 _____
9 th of March (Tuesday) – <u>Camp K Birthday Party</u>	\$25.00 _____
13 th of March (Saturday) – <u>Equestrian Lessons</u>	\$30.00 _____
13 th of March (Saturday) – <u>Salt Lake County Dance</u>	\$30.00 _____
16 th of March (Tuesday) – <u>St. Patrick's Day Party</u>	\$27.00 _____
19 th & 20 th of March (Fri/Sat) – <u>Horses Mini-Camp</u>	\$55.00 _____
23 rd of March (Tuesday) – <u>Sports Night</u>	\$25.00 _____
27 th of March (Saturday) – <u>Salt Lake County Dance</u>	\$30.00 _____
30 th of March (Tuesday) – <u>Bonfire and Chili Cookout</u>	\$28.00 _____

Total = _____

Please check your method of payment: Check/Money Order _____ DSPD _____

Caseworker _____

Phone # _____

All money received is non-refundable

Cancellations not made 24 hours prior to the event are non-refundable and not transferable for credit.

Sign-Up sheets must be received by Camp K staff in order to reserve your spot on an activity.

Please send in your Check-off sheet ASAP.

It helps us to know in advance who will be attending so we can provide enough staff. Thanks.

Pottery Barn is a national chain of home décor stores that donate slightly flawed items to non-profit organizations. Some of the donated items include lamps and shades, rugs, pictures frames, dishes, bedding and some furniture items. These donations are for our participants and we hope that you will take advantage of this opportunity. Please call our Operations Manager, Mike, at 801-582-0700 ext 105 to set up a time to stop by. Mike is available Tuesday through Friday 9-5pm.

Mail To:

Kostopulos Dream Foundation, 2500 Emigration Canyon, Salt Lake City, UT 84108

(801) 582 – 0700 www.campk.org Fax # (801) 583-5176

Pick-Up Locations

<u>East</u>	<u>North</u>	<u>South</u>	<u>West</u>
Old Smiths (Across from the old REI p/u) 3300 South 3200 East	Red Lion Hotel North West Parking Lot 161 West 600 South	Ross Parking Lot North West Corner 1146 E Ft. Union Blvd. (7200 S)	Furniture Warehouse South East Corner 1758 W 5400 S